

STATE OF INDIANA

EXECUTIVE DEPARTMENT INDIANAPOLIS

PROCLAMATION

Executive Order

TO ALL TO WHOM THESE PRESENTS MAY COME, GREETING:

- WHEREAS, the State of Indiana recognizes that the type, quality and amount of food that individual Hoosiers consume each day plays a vital role in their overall health and physical fitness; and
- WHEREAS, adequate nutrition is a necessity for the critical maintenance of good health and a good quality of life for all Hoosiers, and is a cornerstone of the InShape Indiana initiative, which began last year to spur Hoosiers to live healthier lives; and
- WHEREAS, there is a need for continuing nutrition education and the promotion of good eating practices; and
- WHEREAS, the Indiana Division of Aging and the sixteen Area Agencies on Aging throughout the State of Indiana are responsible for administering the Senior Nutrition Program, which provides for both congregate and home delivered meals, as well as providing participants with nutrition and health education; and
- WHEREAS, meals served under the Senior Nutrition Program are to comply with the current dietary guidelines for Americans and provide at least one-third of the daily recommended dietary allowances; and
- WHEREAS, the Indiana Senior Nutrition Program celebrates National Nutrition Month, a nutrition education and information campaign sponsored annually by the American Dietetic Association, with the theme "Step Up to Nutrition & Health;" and
- WHEREAS, the Indiana Family and Social Services Administration seeks to promote the well-being of families by ensuring the availability of support services; and
- WHEREAS, these services provide essential support along a continuum of community-based services that allow vulnerable older Hoosiers and their families to maintain their health, independence and quality of life in their homes and in their communities;
- NOW, THEREFORE, I, Mitchell E. Daniels, Jr., Governor of the State of Indiana, do hereby proclaim, March, 2006, as

INDIANA NUTRITION MONTH

in the State of Indiana, and invite all citizens to duly note this occasion.



IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Indiana at the Capitol in Indianapolis on this 30th day of January, 2006.

M E Daniels, Jr.

BY THE GOVERNOR:

Mitchell E. Daniels, Jr.
Governor of Indiana

Todd Rokita

ATTEST:

Todd Rokita
Secretary of State